



Monaco : green discovery



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PRINCIPALITY
OF  MONACO

PLAYING A SPECIAL ROLE IN THE WORLD.

“Monaco: green discovery”



Welcome to Monaco, your destination for a “greener” holiday.

Throughout your stay, this guide will inform you about the environmental initiatives and commitments of the different tourism organisations in Monaco.

Our aim is to offer you a destination which is even more efficient while respecting the environment. During your stay, you will discover the Principality's green side. Protecting the environment and biodiversity, water conservation and the fight against climate change are central to our actions.



Marcel Proust once said,

“The real voyage of discovery consists not in seeking new landscapes, but in having new eyes.”

Why choose Monaco?

By reading our “Monaco: green discovery” guide, you will discover a country that, alongside Prince Albert II, is mobilized to become a leading example in terms of sustainable development and particularly in the fight against climate change.

You will find all the information you need for a greener holiday and visits.

Please visit our website www.visitmonaco.com for more information.

Because you want to select a destination which is actively committed to sustainable development and eco-friendly initiatives.

Happy reading!



Planning your trip to Monaco



Monaco's Gouvernement Tourist and Convention Authority website provides you with information about cultural tours, exhibitions and walks to enjoy our gardens where you can marvel at olive trees which are over a century or even a millennium years old.

There's no need to print out the information you find. It will be available for you upon arrival at your hotel or at the Monaco Gouvernement Tourist and Convention Authority on recycled paper. This will help you to prepare your luggage eco-friendly.

- Don't weigh your suitcase down with books that you may not even read. Remove surplus packaging from your beauty products for example, because your carbon footprint increases with the weight you carry.
- Organic shampoos and beauty products are now available in most shops and department stores. Use them in small quantities to reduce your environmental impact on the water and the Mediterranean Sea.
- Use a digital camera and rechargeable batteries.
- Be careful: appropriate dress is required in all public establishments and especially religious buildings. It is forbidden to walk the streets of Monaco in a bathing costume and/or with a bare chest.

Getting to Monaco



- **By car:** If you are planning to travel by car, you can park your vehicle in one of the many public car parks upon arrival, and use public transport. Some of the 45 public car parks provide facilities to charge electric vehicles free of charge.
- **By bus:** There is an excellent bus network on the French Riviera with many connections from Nice and Menton to Monaco.
- **By train:** All trains stop at the Monaco/Monte-Carlo station.
- **By plane:** Nice Côte d'Azur International Airport connects the Principality of Monaco to over 86 international destinations. It is a 30 minutes drive.

Change CO² habits



No matter when you go on holidays, CO² will be emitted into the atmosphere; the emissions will come from the transport you use to as well as your activities and your accommodation during your stay.

Even a single trip on a so-called "eco-friendly" holiday, such as a scuba diving trip, can emit as much CO² as an average citizen would emit during a whole year.



To combat the global effects of climate change, it is very important that we all help reduce CO² emissions.

Giving you the option to offset greenhouse gas emissions caused by your activities, the Prince Albert II Foundation of Monaco presents the “Monaco Carbon Offsetting” (MCO²) scheme, a voluntary, non-profit programme intended to reduce and compensate greenhouse gas emissions. It is aimed at individuals, companies, organisations and communities.

The Prince Albert II of Monaco Foundation



The Prince Albert II of Monaco Foundation works to protect the environment and promote worldwide sustainable development. The Foundation's actions focus on three key fields: climate change and renewable energy, biodiversity and water and desertification.

The Foundation supports projects in three main areas: the Mediterranean Basin, the Polar Regions and developing countries. Your carbon compensation helps finance a project selected by the FPA2 and certified by the UNFCCC (United Nations Framework Convention on Climate Change).



Accommodation



In early December 2007, the Monaco Hotel Industry Association signed an environmental charter.

All the major hotels created “Green Teams”, developed internal charters and implemented actions to reduce the negative impact of their business on the environment, such as for example water management, energy saving, recycling etc. Choose your hotel according to its environmental commitments.



It is particularly important to support those establishments that respect the environment. Monaco's hotels are fully involved in protecting the environment and their commitment to eco-friendly processes is enlarged by everybody's involvement.

They minimise the impact of their establishments on the environment by:

- Reducing the flow of waste and protecting natural resources using energy and water saving methods.



- Promoting the natural and cultural heritage of establishments, enabling customers to enjoy an authentically local experience.
- Making environmental considerations an important part of the decision making process.
- Taking customer opinions and comments into consideration.
- Identifying areas for improvement and potential innovation.

Discover the commitments and actions of each hotel in detail at our website www.visitmonaco.com “Practical Monaco - Responsible Tourism”.

Enjoy



Our chefs prepare local specialities and dishes for you, favouring produce sourced from the region’s suppliers and farmers. This helps reduce CO² emissions from imported products and promotes the local economy.

You can view a list of restaurants on our website www.visitmonaco.com.

Alongside Prince Albert II, all Monaco’s restaurants are active in protecting biodiversity.



They demonstrate their environmental commitment and support initiatives conducted by His Foundation, for example by removing Bluefin tuna from their menus.



Our restaurants favour seasonal produce from local suppliers, enabling you to enjoy unforgettable culinary moments.

Shopping



Monaco’s shopkeepers are continually on the lookout for eco-friendly products and now offer organic gadgets and gift ideas, environmentally-friendly solutions for both professional and personal purchases, including ready-to-wear children’s clothes made of organic cotton. Download the list from our website www.visitmonaco.com “Practical Monaco - Responsible Tourism”.

Discover green Monaco



Relaxed travel is the new trend currently developing. This means spending more time in the chosen destination, being the people who live there. It is a way of discovering its heritage without rushing but amongst and their life style enjoying beautiful walks in gardens, museums and alongside the Mediterranean Sea.

The Principality of Monaco is a territory of just 2.5 km².

Walking is still the best way to experience it.

You can use its many lifts and escalators to reach each district in a few minutes and discover all the beauty and magnificence Monaco has to offer. It only takes 45 minutes to cross the Principality on foot from east to west.



One option: electric bikes are available at the following public car parks: Casino, Ecoles, Gare, Jardin Exotique, Digue, Moulins, Quai Antoine I, Stade Louis II, Testimonio, Visitation. You can borrow one of these bikes by leaving a bond of €200 which is refunded when you return the bike to the original car park, in the evening before 8pm.

The “Princess Grace Trail” is an invitation to rediscover Princess Grace’s influence on the Principality and the world. It is also an example of the Principality’s involvement in protecting the environment.

The trail allows any user with a NOKIA mobile phone with NFC technology to receive information and detailed explanations, by placing the mobile phone near the “tags” (or identification markers), appropriately placed at each stage.



Public transport has no less than 5 bus routes during the day running every 10 minutes between approximately 7am and 9.30pm, one evening bus from 9.20pm until 12.20am, and finally a night bus every hour on Friday and Saturday until 4.00am.



All buses run on Diester fuel and comply with EEV standards. Price: €1, 10-journey card: €6; daily tourist pass for unlimited travel, allowing you to use all routes, boat bus included for a full day for only €3 (purchase on board).

Explore the Principality’s **green** side with the “Monaco Tour” bus and enjoy beautiful views. The pass, valid for 1 or 2 days allows you to hop on and off as you please at any one of the 12 stops. The vehicles are equipped with a motor that complies with “EURO 5” European standards in order to reduce air pollution from transport.

Another option: You can also take the electric boat bus which crosses Port Hercule and connects Monte-Carlo (Casino, gardens, etc.) to Monaco town (Palace, Oceanographic Museum, Cathedral, etc.) and in summer, why not take a cruise “by night” inside the port.



Relaxation in the water and on the beach



Every year, five million visitors cross the Monegasque territory, whose history and development are closely related to its environment, the Mediterranean Sea.

The Larvotto Marine Reserve created in 1976, as well as the Red Coral Reserve are evidence of Monaco's environmental commitments. Through these initiatives, species such as the *Pinna Nobilis* (noble pen shell) have begun to reappear, testifying to its excellent water quality.

The Larvotto Beach monitoring station is 100% supplied by solar energy. Two photovoltaic panels produce all the cabin's electricity needs. Furthermore, any surplus produced is sent into the Monaco electricity and gas network.

Also, the public beach at Larvotto is labelled as a "Handiplage" for people with movement or sensory disabilities. Three amphibious wheelchairs called "tiralos" with assistance from special handiplagistes are used to cater for people with reduced mobility from the end of June to the beginning of September.

Disabled toilets, showers, a concrete slope and car parking are also available.



Ten recommendations for swimmers and sailors for an eco-friendly summer:

- Do not drop any waste on the beaches or in the sea. Use the bins available in the ports and on the beaches.
- Sort your waste on land and at sea.
- Observe fishing regulations, in particular those relating to minimum fish sizes for catching and the ban on catching protected species such as yellowmouth grouper.
- Do not remove sea urchins outside the authorised periods.
- The Larvotto area is a Marine Reserve with marked boundaries and is regulated to protect plant and animal species.
- Respect the fauna and flora. Do not feed the fish and do not move rocks or the species attached to them.
- Use a sun screen which is water soluble rather than oil based cream. This helps to prevent a film forming on the surface of the water which reduces the light quality vital to marine life.
- Sailors, check your motor runs properly on an annual basis and use a four-stroke engine which uses less and produces less waste.
- Use products such as Marseille soap which are less harmful to the environment to maintain your boat. Be careful how much water you use.
- Drop anchor in a sandy area. Lift the anchor from directly below the boat.

Monaco's gardens



Public green areas cover 270,000 m² of the territory. The Japanese Garden by the sea, the “Petite Afrique”, the Princess Grace Rose Garden, the St. Martin Gardens and even the Exotic Garden feature a memorable biodiversity. A unique geographical situation overlooking the blue vastness of the Mediterranean, with a mild and exceptionally sunny climate (over 300 days a year) has for a long time, encouraged the creation of magnificent gardens.

Monaco's plant biodiversity is blessed with 350 indigenous plants, 6 of which are species endemic to the Alpes-Maritimes and Liguria, as well as 5 habitats of special historical and cultural interest.

The Rock is the area with the strongest biodiversity featuring over 2/3 of species from Monaco's flora. The Parc Princesse Antoinette, created in 1916 by Prince Albert I is evidence of the ancient olive tree crop in the Principality.

We invite you to discover this peaceful place surrounded by 157 olive trees, centenarian and one even over one thousand-year-old. Today, this park is an example to others through its 100% eco-friendly management.

Events



Ballet, opera, theatre, exhibitions, trade shows, sporting events, concerts. Exceptional cultural and sporting events punctuate Monaco's calendar throughout the year.

Local and international organisers and managers committed to these events taking place within a framework of eco-responsibility. They lead by example through their initiatives to motivate and raise awareness among participants and organisations to become ever greener in their actions, by organising “carbon neutral” events, such as the Monte-Carlo Yacht Show.

Pedestrian rallies and photographic competitions are used as a fun way to discover local products and explore the destination. Monaco's incoming agencies have plenty of ideas for your incentive and team building activities.

For several years, even trade shows such as “Ever Monaco”, “Batilux” and “Luxe Pack” have been dedicated to sustainable development and revealed the commitment and latest innovations by all organisations involved in tourism.



Conferences



The Grimaldi Forum was built to be an eco-friendly conference and culture centre. It incorporates initiatives within its design and management to reduce the environmental impact of its role to host, organise and produce commercial events such as conferences, exhibitions and trade shows and cultural events including ballets, opera, concerts and exhibitions.



It was the first establishment of its kind in Europe to be certified with the ISO 14001 environmental standard.

It offers practical solutions for organising “Green Meetings” and “Green Events”.

The Principality of Monaco aims to be beyond reproach in protecting the environment. With this in mind, the Prince’s Government and professional tourism organisations are increasingly mobilising themselves in all areas of sustainable development.

“Our Principality is honoured to be active and present in all the combats to protect our planet. Our marine initiatives are known and recognised, from the first expeditions by my great-great grandfather, Prince Albert I to the Monaco Blue Initiative, including the creation of the PELAGOS sanctuary, the protection of Bluefin tuna and our commitment towards the forests. For a long time, we have focused on the sea, on the open sea, on others, and day after day Monaco proves the strength of its commitment for the future of humanity.”

We have to act



We are very proud to be able to present our results in terms of sustainable development in Monaco and particularly in the tourism industry and we will continue with our efforts.

We are sure that you will enjoy your **green** discovery of the Principality so that you too can be environmentally-friendly.

**Let’s act today, for tomorrow
Here and everywhere!**



H.S.H. Prince Albert II of Monaco

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